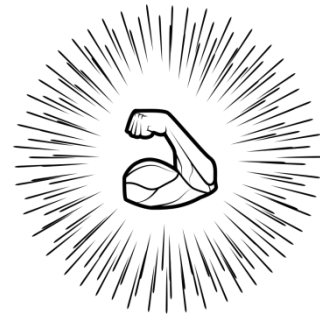


SKCT DIGEST

VOLUME 6, ISSUE 10, 17.08.19

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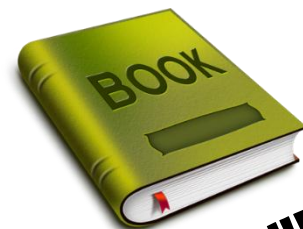
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REVIEW



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A GLIMPSE OF NBA VISIT



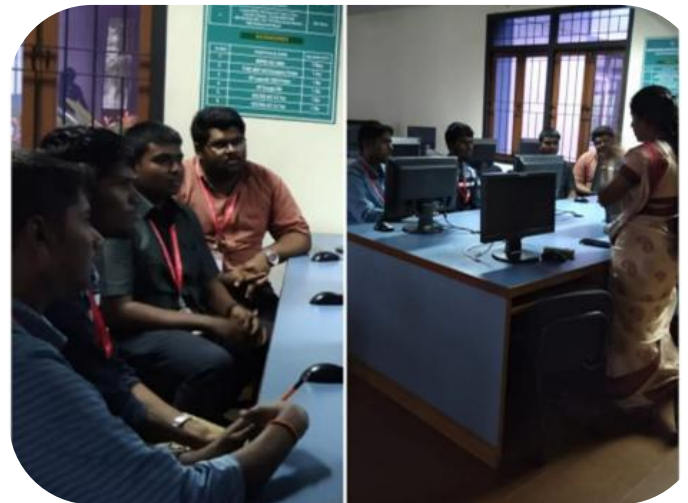
A Glimpse of NBA team interacting with EEE Department Staff members and students.



ACTIVITIES



IT Department - Smart SKCT Hackathon 2019 conducted at PG Block Seminar Hall. The faculty coordinators were Ms D Ranjani AP/IT and MS K Sindhu Meena AP/IT



CSE Department- IOT CLUB activity- Project ideas for society were discussed by the members.



CSE Department - CSE ASSOCIATION conducted an event **CRACK THE WRECK** for II & III YEAR CSE students.

IT Department - 2nd year IT students conducting technical activities as a part of 1st year induction programme.



ALUMNI CORNER



CSE Department - Alumnus Talk and Hands on Session on Competitive Programming by our Alumnus Mr. R. Ajith Kannan, Software Developer, Zoho, Chennai to Second year CSE students.

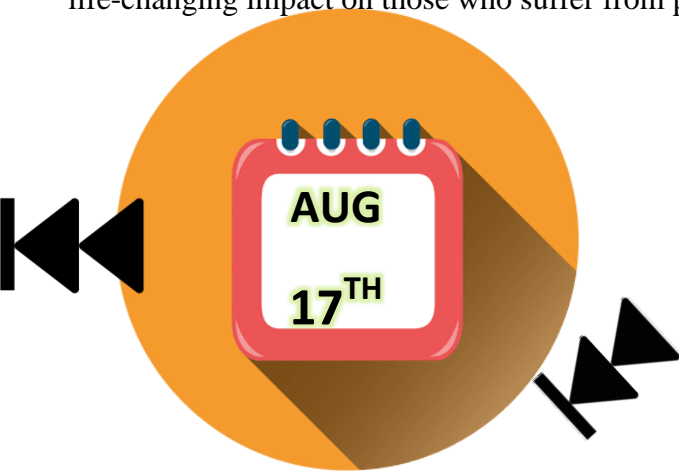
INTERESTING ENGINEERING

Reversing Paralysis:

A cure for paralysis could finally be on its way. A French neuroscientist, Grégoire Courtine's researches rising hope for reversing paralysis caused by spinal cord injuries. He developed a revolutionary technology that will simulate a few volts of electricity to activate the specific muscle.

A Swiss-based research company, École Polytechnique fédérale de Lausanne (EPFL) which is centered for the main research, said "The neuroprosthetic system 'BSI' (Brain-Spinal Interface System) bridges the spinal cord injury in real-time and wirelessly. The chip interprets and decodes the signal from the brain's motor cortex and send information to the electrodes located on the surface of the lumbar spinal cord. This electrical simulation will modulate distinct networks of neurons that can activate specific muscles of the body."

In a research conducted on a partially paralyzed macaque monkey results were hopeful. The progress that scientists have made on reversing paralysis is remarkable and promising. This advancement in the medical industry will have a life-changing impact on those who suffer from paralysis.



WHAT HAPPENED TODAY



[1976](#) An earthquake & tsunami in the Philippines kills up to 8,000

[1977](#) USSR performs nuclear test at Eastern Kazakh/Semipalitinsk USSR

[1988](#) Butch Reynolds runs world record 400m (43.29)

[2008](#) China wins its 33rd gold medal of the Beijing Olympics by beating Singapore in the table tennis women's team event; most successful Olympiad ever for China; wins all 10 singles and all 5 doubles matches

[2015](#) World's first flower could be underwater plant *Montsecchia Vidalii* claim US botanists (Proceedings of the National Academy of Sciences)



4 drinks to boost your immune system

It is the monsoon season come with many disease. Health care is very important during this season. To avoid infection, it is necessary to strengthen the body's immune power and help fight every disease. For this, you're going to have to give you a few drinks to help your immunity to be strong.

Tomato Juice

Tomato juice can be easily made at home. You must include it in your diet. These are very healthy drinks, especially in the summer. Tomato juice filled with vitamin C and very hydrating nutrients is full of folates and helps to keep the infection away.

Ginger and garlic juice

Ginger and garlic juice is a great way of promoting immunity. Both these herbs have detoxifying properties and help keep the body healthy and safe. Ginger also helps to keep away the symptoms of heatstroke, while garlic is a cancer-preventing one. Since garlic and ginger juice may seem bitter then you can mix it in vegetable juice to balance it.

celery juice

Celery juice is very hydrating and is therefore perfect for the summer season. Not only that, but celery juice also helps in weight loss. Celery juice is rich in vitamins A, E, C, folic acid and sodium. It enhances immunity and helps to kill germs that enter the body. The body of those who drink celery juice is very effective in fighting infections and diseases.

Apple Juice

A glass of apple juice will save you to go to the doctor. The apple juice fights inflammation. According to a study conducted by the University of Illinois, Chicago, apples can help strengthen the immune system. In the winter season, you can mix apples and carrot juice for better results.

**DID YOU
KNOW???**



The world's quietest room is -9 decibels,
quiet enough to hear your blood flowing.



BOOK REVIEW

The Sea, The Sea

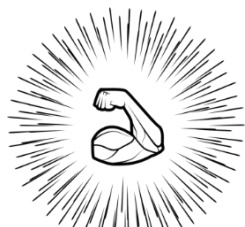
Iris Murdoch

Charles Arrowby, leading light of England's theatrical set, retires from glittering London to an isolated home by the sea. He plans to write a memoir about his great love affair with Clement Makin, his mentor both professionally and personally, and to amuse himself with Lizzie, an actress he has strung along for many years. None of his plans work out, and his memoir evolves into a riveting chronicle of the strange events and unexpected visitors--some real, some spectral--that disrupt his world and shake his oversized ego to its very core.

In exposing the jumble of motivations that drive Arrowby and the other characters, Iris Murdoch lays bare "the truth of untruth"--the human vanity, jealousy, and lack of compassion behind the disguises they present to the world. Played out against a vividly rendered landscape and filled with allusions to myth and magic, Charles's confrontation with the tidal rips of love and forgiveness is one of Murdoch's most moving and powerful novels.

MOTIVATIONAL ZONE

The key responsibility of leadership is to think about the future. No one else can do it for you.



AWARENESS CORNER



SAVE WATER NOW.

IT'S EASY TO SAVE WATER:

-  Cut your shower time by two minutes
-  Turn off the tap when brushing your teeth
-  Run your washing machine and dishwasher when they're full and on 'eco' and 'fast' settings
-  Use the half-flush on toilets where possible