

SKCT DIGEST

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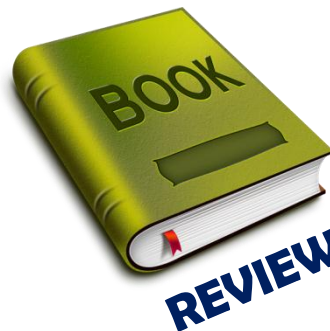
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KNOWLEDGE UPDATE



Mechanical Department - ISHWAR club Activity: Dr. S.Sundararaj and 10 SKCT ISHRAE student members, attended a One Day Workshop on Duct design/Air distribution at Hash Six Hotel, Saibaba Colony on 31.08.2019.

Mechanical department - Mr. S.Sudhakar, III C attended E leader program at ED cell, Anna University Regional Campus, Chennai on 29 and 30th August 2019.



IT Department - A Seminar on Overseas & higher education was conducted. The programme was organised by Ms. S. Reshma AP/IT

CSE Department – - IRFAN AHAMED S, AJAYRAJ K, ABHISHEK S, ARUN KUMAR R, BHARATH M, KARTHIK R, KAWIN SHANKAR T of II CSE A were attended a Workshop on IoT FROM GROUND UP(WEB - 2019) at IIT Madras.



CSE Department - Mr.S.Goutham Vignesh and Mr.M.Pranesh Kumar of IV CSE participated in Data Science competition "Hacknight" sponsored by Microsoft in Microsoft Bangalore

Civil Department -Dr.V.Sreevidya, Associate Professor delivered an awareness note on Ferrocement to the students of Civil Engineering in awe to Ferrocement Day.





IT Department - Proposal submitted

DST - Project Proposal Submitted -STI Hub for ST Community with the Title “Developing Smart and Hygienic Sustainable Sanitation System for the Scheduled Tribes of Anamalai Hills” by Principal Investigator: Dr.T.Rajesh kumar ASP/IT and Co Principal Investigators: Ms.T.Sangeetha & Ms. K.Mythili AP/IT

SAN-Sadhan Nationwide Hackathon for Divyang Accessible toilets

Mentor: Dr. R.Kanmani

Team Lead: Jithendran III IT A

Group Members: Kuppan IV IT A, Jeevananadham III IT A, 3.Anish M II IT A, Deepika S II IT A, Mirthula V II IT A.

ACCOMPLISHMENTS

Mechanical Department -

Mr.S.Rudresh and Mr.S.Thauffeek of III MECHANICAL C, Won first prize of Rs.1200 in Water Rocketry and second prize of Rs.800 in Cycle Drift Event MECHNOVA'19- A National level Technical symposium held at Mahendra Engineering College, Salem.





HEALTH TIPS

Gourd is full of many qualities, know the benefits of its health

Gourd's vegetable is not liked by anyone. But it is rich in many qualities. Gourd contains an important amount of nutrients that protect the body from many dangerous diseases. Hence, it is sometimes eaten in a disease that is harmful to your health. Let's know some of the benefits of bottle gourd.

- Drinking a glass of gourd juice on an empty stomach every day will make your body feel cold and there will not be any heat.

Its juice is very effective for losing weight. For best results, drink empty stomach juice every morning, and in a few weeks, you will start losing weight.

- Regular intake of gourd juice on an empty stomach every morning helps in lowering the cholesterol level in your blood and protects you from heart-related diseases.

- Gourd has the ability to cure stomach ailments. People with stomach problems such as gas, indigestion, and constipation, etc., wash the bottle gourd and put it in hot water with a peel to remove the juice. A cup of juice is a regular exercise to relax stomach upsets and reduce acidity.

- Your hair roots are covered with dead skin, which aggravates the problem. To recover this, mixing the gourd juice with the amla juice is effective.

- Half a cup of bottle gourd juice mixed with two teaspoons of honey and drinking while sleeping reduces mental stress. Put bottle gourd oil in the head. Drinking a small glass of bottle gourd juice helps relieve stress and anger when the tension increases.

- Gourd is beneficial in uterine disorders. Therefore, women who have frequent miscarriages or miscarriages must consume bottle gourd for a few days as a vegetable or juice. This will strengthen the uterus and relieve the pregnancy. Gives strength to the pregnant woman from the juice of the bottle gourd.

- Applying bottle gourd oil to strengthen the hair and reduces dandruff and hair loss.

- The effect of gourd juice is cold, so drinking gourd juice is beneficial in those diseases which cause burning sensation and thirst. Mixing one teaspoon of honey in one cup of gourd juice, drinking it provides benefits in body heat, acidity, stomach irritation, eye irritation, blood disorders, boils, and pimples, etc.

INTERESTING ENGINEERING



Divers have long been limited by human ability to maneuver in fast-moving currents. That's where the Crabster comes in. The six-legged, 1,500-pound mechanical underwater robot is ready to help scientists explore previously unreachable sea beds. It stabilizes itself by putting its head down, its rear up, and facing the water flow, and can dive as deep as 660 feet. It also comes equipped with 11 cameras, sonar, and an acoustic Doppler current profiler to send information back to the surface.

**AWARENESS
CORNER**





MOTIVATIONAL ZONE



WHAT HAPPENED TODAY

1954 : Germany demanded independence from the big three occupying powers and requested NATO Membership and the power to re-arm to protect it's sovereignty.

1998 : A Swissair McDonnell Douglas MD-11 flying from New York to Geneva crashes in the ocean off the coast of Nova Scotia, just over an hour after taking off, killing all 229 passengers and crew.

2007 : The final British withdrawal of British troops from their base in the center of Basra to the airport continues in preparation for Iraq security forces to take control of the city.

2009 : The first woman minister in thirty years was approved by the Iranian parliament. Marzieh Vahid Dastjerdi was chosen by President Mahmoud Ahmadinejad to be the country's health minister

**DID YOU
KNOW???**



Eating chocolate before studying and or taking tests, increases your chances of understanding info and passing with a high grade.



BOOK REVIEW

The Luminaries

Eleanor Catton

It is 1866, and young Walter Moody has come to make his fortune upon the New Zealand goldfields. On the stormy night of his arrival, he stumbles across a tense gathering of twelve local men who have met in secret to discuss a series of unexplained events: A wealthy man has vanished, a prostitute has tried to end her life, and an enormous fortune has been discovered in the home of a luckless drunk. Moody is soon drawn into the mystery: a network of fates and fortunes that is as complex and exquisitely ornate as the night sky. Richly evoking a mid-nineteenth-century world of shipping, banking, and gold rush boom and bust, *The Luminaries* is a brilliantly constructed, fiendishly clever ghost story and a gripping page-turner.