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EDITOR - IN - CHIEF Dr. Srinivasan Alavandar **PRINCIPAL**

CO-EDITORS Dr P Manju, ICE, Dr T Rajesh Kumar, IT Mr N Karthikeyan, SoM Ms R Kalpanasonika, CSE

WHAT HAPPENED TODAY

HEALTH TIPS















KNOWLEDGE UPDATE



Association & IEEE student branch Organised a workshop on "Energy Auditing & Effective Usage of Energy at ESB 302 in association with Petroleum Conservation Research Association, a Ministry of Petroleum & Natural Gas, Government of India, a total of 100 students are participated in the event



Mechanical department -

The second year students attended a One day industrial training for on welding at GeDee-WIM Coimbatore



CSE Department – A
workshop was organized on
Building Chatbot using IBM
Watson Assistant at CC4 lab,
CSE block. Totally 61
Students from Third year are
attending the workshop. The
Resource person was Mr.Jai
Prakash Netha, Lead Cloud
App Developer from
Smartbridge Services,
Hyderabad



Department of ICE - Web conferencing by Dr.N.Shankar, Professor in the Department of Electrical and Electronics Engineering, NIE University, Mysore on Recent advancements in control engineering



ECE Department - A Guest Lecture on "IMPORTANCE OF NETWORKS TECHNOLOGY IN INDUSTRY 4.0" was conducted for ECE students.

An insight on The Need of migration from normal industry to smart industry and How to bridge the gap between academic concepts & real time products was provided. Mr.Saravanakumar Balakrishnan, Associate, CTS, Chennai was the resource person



CSE Department - A

workshop on "IBM POWER AI" was organized by for the
Third year students at CC1
lab, CSE block. Mr. M.
Manikandan, Manager
Operations - Cloud
consultant, IBM power server
architect, Tech Mahindra,
Bangalore handled the
session.

The Workshop throws light on IBM Power System
Architecture and aids in developing models using
Recent Development Tools

ACTIVITIES 😂



IT Department - SIH 2019 &
Odisha hackathon 2018
Winners interacted with First
year to motivate and to
participate in various
Academic Activities, Extracurricular activities, SIG
Activities and also discussed
the benefits of SIG-Hackathon



Department of CSE Programming club: Students worked on Code Optimization Techniques

PARTICIPATIONS

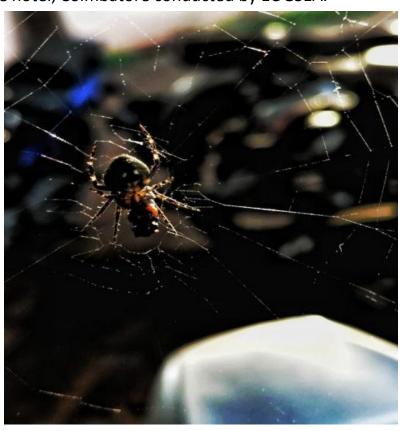


Civil Department- The following students (III - Civil) participated in regional level Entrepreneurship Global awards conducted on 26.9.2019 at Zone hotel, Coimbatore conducted by EOGSEA.

- 1. S.Prem Kiran
- 2. Divya Thulasidass
- 3. V.Dharshan
- 4. P.Madhumathi

CREATIVE CORNER

P.C- Dhinesh Kanna of IV EEE B



HEALTH TIPS



Celery leaf tea is beneficial for body detox, know other benefits

Parsley is found in every household. And you must also know its benefits. It is also used in Vegetables, soups, decoration, puri, snacks etc. which not only enhances the taste, it is also healthy for health. It also has many benefits and today we are going to tell some more benefits of it. Parsley acts as a pain reliever. Just as the parsley is healthy, its leaves are also very good for health. Let us know its benefits on health.

Health benefits of oregano

- 1 If you often have muscle pain or feel weak, then start consuming oregano leaves. It also relieves joint pain. For this, heat a bowl of water. Add some leaves of parsley to it. Whenever there is any muscle or joint pain in the body with this water, steam with it. You will get relief in pain.
- 2 Arthritis is a disease for health, so try drinking juice prepared from these leaves for a few days. This ends nerve fatigue and the body does not feel weak. It is also beneficial for people who have rheumatoid arthritis. It also reduces inflammation in the bones.
- 3 Boil its leaves and make tea. Drinking it detoxes from inside the body. By making tea, drinking it detoxes the body. Dry the oregano leaves to make tea. Put it in water and make it like tea. Its leaves are rich in carotenoids, fiber, calcium, manganese, folate, etc. If you drink its tea every day, then you will remain young and healthy for a long time.
- 4 If you have frequent problems of cold, cough and cold, then boil its leaves in water. The decoction made from it will quickly cure cough and throat soreness. If the taste fades, you can add honey.
- 5 Along with cleansing the stomach, it also takes care of the health of the lungs. If you have any discomfort in the lungs or any kind of infection, then use this medicinal herb as well. It contains powerful antibiotic, anticancer, antioxidant and anti-inflammatory properties, which protect you from many diseases so that you can live a healthy life.
- 6 If you are troubled by a frequent burning sensation, frequent infections, then the oregano leaves remove these problems. It contains sodium, calcium, iron, potassium, which cures urinary problems. These leaves also prevent infection, inflammation, etc. occurring in the digestive tract and brain. It also has anti-aging properties, which can keep your skin young for a long time.



The United States based company, Eargo is here to add a little disruption to the hearing aid market.

With 48 million Americans suffering from hearing loss, the team hopes that their easy to use the comfortable product will give these people (those with mild and moderate hearing loss) the ability to hear again.



WHAT HAPPENED TODAY



1825 George Stephenson's "Locomotion No. 1" becomes the 1st steam locomotive to carry passengers on a public rail line, the Stockton and Darlington Railway in England

1905 The physics journal Annalen der Physik publishes Albert Einstein's paper "Does the Inertia of a Body Depend Upon Its Energy Content?", introducing the equation E=mc².

1907 Bhagat Singh, Indian freedom fighter, born in Jaranwala Tehsil, Punjab (d. 1931)

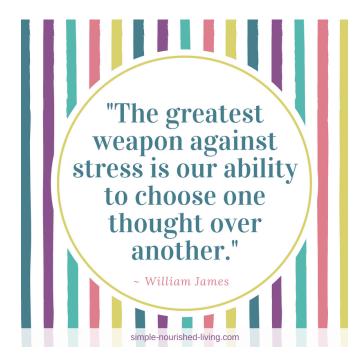
1908 Henry Ford's first Ford Model T automobile leaves the Piquette Plant in Detroit, Michigan

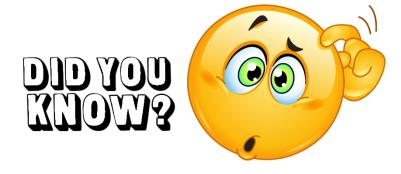
1988 The National League for Democracy, led by Aung San Suu Kyi is founded in Burma (Myanmar)

The 1910 Model T Ford



MOTIVATIONAL ZONE





DID YOU KNOW?

Singing daily for at least 10 minutes reduces stress, clear sinuses, improves posture and can even help you live longer.

AWARENESS CORNER



Harmful Effects of Fast Food

Energy Levels

Obesity

Heart Disease

High Blood Sugar

High Blood Pressure

High in Fat

Diabetes

Stroke



The #1 New York Times bestselling author of A Man Called Overeturns with a dazzling, profound novel about a small town with a big dream—and the price required to make it come true. People say Beartown is finished. A tiny community nestled deep in the forest, it is slowly losing ground to the ever encroaching trees. But down by the lake stands an old ice rink, built generations ago by the working men who founded this town. And in that ice rink is the reason people in Beartown believe tomorrow will be better than today. Their junior ice hockey team is about to compete in the national semi-finals, and they actually have a shot at winning. All the hopes and dreams of this place now rest on the shoulders of a handful of teenage boys

Being responsible for the hopes of an entire town is a heavy burden, and the semi-final match is the catalyst for a violent act that will leave a young girl traumatized and a town in turmoil. Accusations are made and, like ripples on a pond, they travel through all of Beartown, leaving no resident unaffected. Beartown explores the hopes that bring a small community together, the secrets that tear it apart, and the courage it takes for an individual to go against the grain. In this story of a small forest town, Fredrik Backman has found the entire world.