

SKCT DIGEST

VOLUME 8, ISSUE 1, 01.10.19

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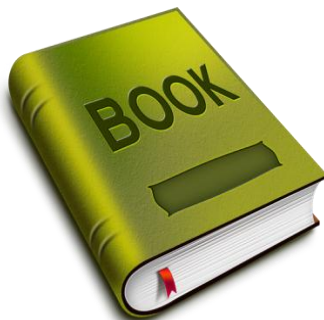
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REVIEW



DID YOU
KNOW?

WHAT
HAPPENED
TODAY



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EVENTS



Plastic Free awareness Rally -Participated by the Students of Sri Krishna College of Technology today at Kovaipudur .The rally was organized by NSS Division of SKCT as a part of "Swatchtha Hi Seva 2019" -BAN PLASTICS. The awareness rally was flagged off by Dr Srinivasan Alavandar, Principal, SKCT



Team SKCT along with the chief guest administering the Swatchtha Pledge as a part of Gandhiji 150 celebrations.... A promise to the nation and the Mahathma from the entire team



Respect to the Mahathma.... Floral and candle tribute to the father of our nation by the chief guest of the day, Shri Kannan Thandapani and Team SKCT



Inspiring Talk by Shri Kannan Thandapani on Gandhian principles.

Ms Swapna and Ms Ramya of Final year CSE with their views on Gandhism and his principles...A throwback on his life values... An Expression of his values of persistence and worth of education by the students



Hyku conducted as a part of Gandhiji 150 celebrations



Students who contributed to inspiring Hykus were appreciated with Saplings...
An Green India initiative... another vision of our Mahathma



ED Cell -Inauguration of the Entrepreneurship Awareness Camp sponsored by EDII, Ahmedabad under DST NIMAT PROJECT 2019 was done and the Chief guest was Mr.Jayabalaji RP., Managing Director,Muthu Fire Engineering Company, Coimbatore



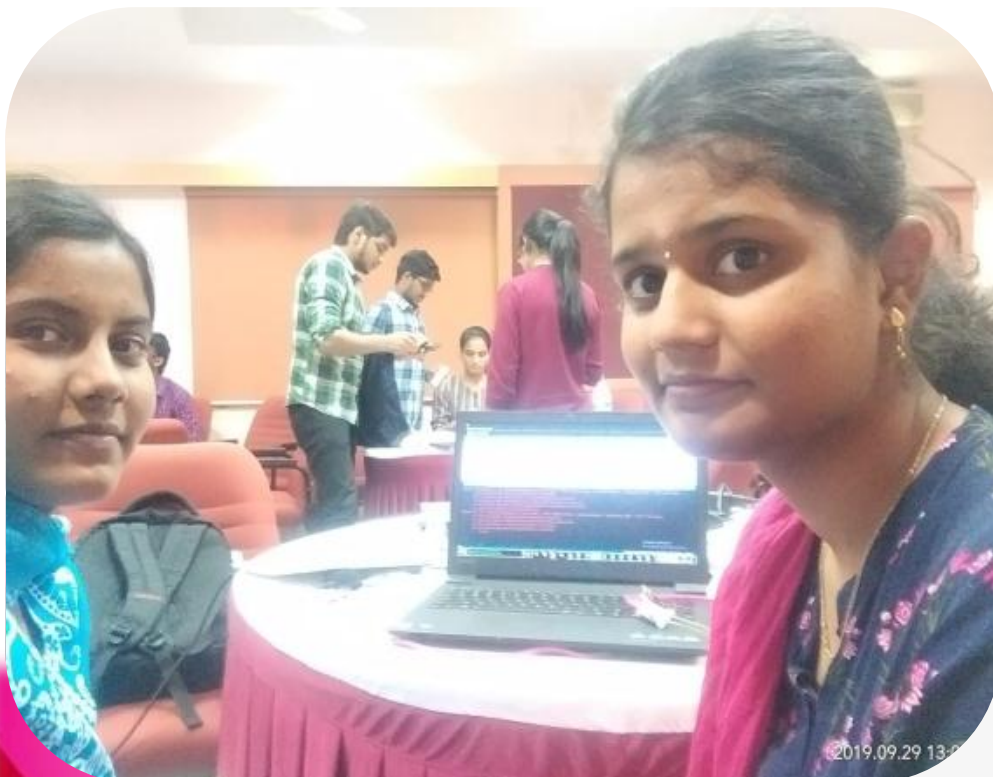
Department of Information Technology & Department of Mechanical Engineering in association with IIC Organized Poster / Logo Design Contest On The Occasion Of Innovation Day on 1/10/2019 at ES Block Drawing Hall

There were around 54 participants who created posters and logo on the themes given.

KNOWLEDGE UPDATE



EEE Department- A Seminar was organised on "Benefits of Thermography and its applications" by Mr. V. Senthil Kumar, Senior Manager, Vamara Techware followed by a live demo session on thermal cameras and their working. Faculty Coordinators -Ms. R. Divya Lakshmanan and Ms. V. Manimegalai, Assistant Professor(s)/ EEE



IT Department - Ms. S.S.SRENITHY II IT B and Ms.P.NITHIYASHREE II IT B attended a workshop conducted by LEMA Labs in Collaboration with IIT MADRAS



Department of Mechanical Engineering - A Guest lecture was conducted on Design and Fabrication of Formula 5 Race car for second year students by Mr. Mayank Arora, Elite Techno Groups, Pune



EEE Department - Students participated in the Solar Ambassador Workshop 2019 - Hands on training to assemble solar study lamps organized by IIT Bombay. This is World Guinness Record Event. Faculty Coordinators : Mr. P. Lenin Pugalhanthi, Mr. R. Senthil Kumar, Dr. P. Pandiyan, Assistant Professor(s)/EEE

ACCOMPLISHMENTS



Department of CSE -
Ms.N.Saranya of II CSE C has secured the runner-up in Table Tennis zonal competition at Nehru Institute of Engineering and Technology



EEE Department-
Bharathi R of II EEE A Won First prize of cash Rs.1750 - Kingpin event at PSG Tech

ACTIVITIES

Department of ECE -organised " SUCCESS STORY NARRATION by INNOVATORS IN CAMPUS" in collaboration with Institution Innovation Council and Explore Engineers club, open to all department students of SKCT on 1-10-19 in Main Block Seminar Hall. Students Innovators from various departments shared their path to success in their Innovation to the 100+ students and faculty.

Student Innovators enriched the audience with their real life experiences they met to succeed and proved to be living example of Motivation for the upcoming innovators.



SKCT Talk - SKCTians enthusiastically earned the audience's attention through a minute speech, considering brevity is the sister of talent



INTERESTING ENGINEERING

An ECG on your wrist

Regulatory approval and technological advances are making it easier for people to continuously monitor their hearts with wearable devices.

Fitness trackers aren't serious medical devices. An intense workout or loose band can mess with the sensors that read your pulse. But an electrocardiogram—the kind doctors use to diagnose abnormalities before they cause a stroke or heart attack—requires a visit to a clinic, and people often fail to take the test in time.

ECG-enabled smart watches, made possible by new regulations and innovations in hardware and software, offer the convenience of a wearable device with something closer to the precision of a medical one. An Apple Watch-compatible band from Silicon Valley startup AliveCor that can detect atrial fibrillation, a frequent cause of blood clots and stroke, received clearance from the FDA in 2017. Last year, Apple released its own FDA-cleared ECG feature, embedded in the watch itself.

DID YOU KNOW?



DID YOU KNOW?

**TIGERS WAIT UNTIL DARK TO HUNT
BECAUSE THEIR NIGHT VISION IS
6 TIMES BETTER THAN THAT
OF HUMANS.**

HEALTH TIPS

Take care of your health, do not consume these things empty stomach

Take care of your health with the first ray of the morning. Because if the beginning of the day is good, then the whole day goes well. The same thing applies for the stomach as well. If you eat the right things in the morning, then energy will remain throughout the day, but if you eat some wrong things, then you will have to face health problems throughout the day. We are telling you about such things that you can fall ill on empty stomach in the morning. If curd or other fermented milk products are eaten on an empty stomach, hydrochloric acid is formed in the gut. It kills the lactic acid present in the stomach, which causes the problem of acidity and causes burning and pain in the stomach.

People should also keep in mind that many people eat bananas on an empty stomach, but doing so can make them ill. Actually, magnesium and potassium are present in high amounts in bananas. On eating this fruit on an empty stomach, the amount of these elements already present in the blood goes away, which can cause problems like restlessness, vomiting, diarrhoea. Tomatoes contain many nutrients along with vitamin C, but it should be avoided on an empty stomach. Actually, tomato increases the amount of tannic acid in the stomach which causes stomach problems like torsion, gas.

Citrus fruits like orange, moss, lemon etc. are acidic. Eating these helps to breakdown the oil and food present in the body and improve digestion. However, the same quality will cause heartburn and gastric problems if consumed on an empty stomach. Salad increases the amount of fibre in the stomach, which increases the emphasis on the stomach. Due to this, problems of torsion, gas, heartburn started. Not only this but eating empty stomach salad can also cause discomfort and vomiting.

AWARENESS CORNER

HOW MUCH WATER SHOULD I DRINK EVERY DAY?

Slacking on your water intake throughout the day may be the very reason you have an urge to snack every hour on the hour. Be sure to keep water a consistent staple throughout your day—every day.



MEN



WOMEN



MOTIVATIONAL ZONE

DON'T LET
ANYONE
EVER
DULL YOUR
Sparkle



OCT

01ST

WHAT HAPPENED TODAY

1964 : The Shinkansen (Bullet Train) network of high-speed railway lines in Japan opens to coincide with the Tokyo Olympics with the first trains traveling at 210 km/h (130 mph)

1943 : Allies marched into Naples as part of the Italian offensive on the road to Rome.

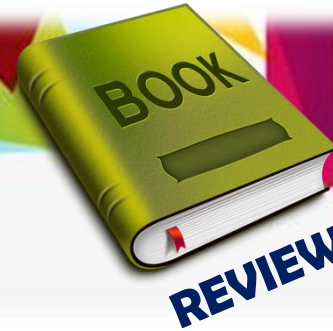
1966 : The first major DC9 accident occurs when a DC9 built by Douglas crashes. West Coast Airlines Flight 956 travelling between Seattle, Washington and San Francisco, California crashes in an un-populated section of the Mount Hood National Forest with the loss of life for all 13 passengers and 5 crew members.

2013 : South Korea holds one of its biggest military parades in nearly ten years according to officials, amid tensions with North Korea.



The Catcher in the Rye

J.D. Salinger



The hero-narrator of *The Catcher in the Rye* is an ancient child of sixteen, a native New Yorker named Holden Caulfield. Through circumstances that tend to preclude adult, secondhand description, he leaves his prep school in Pennsylvania and goes underground in New York City for three days. The boy himself is at once too simple and too complex for us to make any final comment about him or his story. Perhaps the safest thing we can say about Holden is that he was born in the world not just strongly attracted to beauty but, almost, hopelessly impaled on it. There are many voices in this novel: children's voices, adult voices, underground voices-but Holden's voice is the most eloquent of all. Transcending his own vernacular, yet remaining marvelously faithful to it, he issues a perfectly articulated cry of mixed pain and pleasure. However, like most lovers and clowns and poets of the higher orders, he keeps most of the pain to, and for, himself. The pleasure he gives away, or sets aside, with all his heart. It is there for the reader who can handle it to keep.

J.D. Salinger's classic novel of teenage angst and rebellion was first published in 1951. The novel was included on Time's 2005 list of the 100 best English-language novels written since 1923. It was named by Modern Library and its readers as one of the 100 best English-language novels of the 20th century. It has been frequently challenged in the court for its liberal use of profanity and portrayal of sexuality and in the 1950's and 60's it was the novel that every teenage boy wants to read.



ONE MAN

BILLION CONNECTIONS

REMEMBERING THE MAN WHO LED US TO FREEDOM.
THANK YOU BAPU.

TEAM -SKCT WISHES

All of you a

Happy

Gandhi Jayanthi