

# SKCT DIGEST

INSIDE  
THE ISSUE

EVENTS

MOTIVATIONAL  
ZONE

DID YOU  
KNOW?

AKHBAAR

INTERESTING ENGINEERING

MEETINGS &  
DISCUSSIONS



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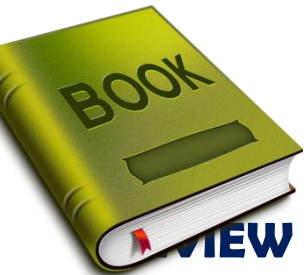
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# EVENTS



**S&H Department** - Krishnakumar.S, Praveen Ragav.A of first year Mech B students participated in tree planting organised by NSS unit SKCT



**S&H Department** - Day 3 - Awareness creation program by I year CSE B students to mark the importance of World Food Day - 2019



**S&H Department** -First year CSE B students conducted a competition "Are you on the right Track" in connection with World Food Day

## MEETINGS & DISCUSSIONS



**IT Department** – Dr.G.M.Tamil Selvan, HoD/IT, convened a meeting to discuss about

- 1.Tutor ward System
- 2.Placement Meeting
- 3.Professional Chapters
- 4.Fees pending,Library book return
- 5.Skill set Identification from students
- 6.NBA progress
- 7.Students Projects
- 8.Governing Body
- 9.Alumni Meet
- 10.One Student One Tree to all Faculty members



**CSE Department -**  
HoD/CSE convened a meeting to discuss about  
One student one tree,  
Two teacher one club,  
mentor mentee group,  
fees pending,  
professional membership  
Research proposal,  
H index citation



**S&H Department -**  
Internal review meeting -  
I for first year students  
with  
Dr.B.Satishkumar/HOD



## NATIONAL NEWS:

- ✓ SC reserves Ayodhya verdict after 40-day marathon hearing- *The Hindu*
- ✓ Produce all orders on J&K curbs, court tells govt.- *The Hindu*
- ✓ Food regulator asks sweet manufacturers to ensure quality- *The Hindu*
- ✓ 'The Hindu In School' chess competition on October 20''- *The Hindu*
- ✓ Wattle trees take over 30% of Mukurthi National Park- *The Hindu*
- ✓ Northeast monsoon sets in over the State- *The Hindu*
- ✓ Sheela Priya appointed chair of Fourth Police Commission- *The Hindu*
- ✓ I-T Dept. searches Kalki Ashram in A.P.- *The Hindu*
- ✓ New access measures at airports- *The Hindu*
- ✓ Indigenous breeds record marginal rise- *The Hindu*
- ✓ IAF to hold exercises from civil airfields- *The Hindu*
- ✓ Taking national data seriously- *The Hindu*
- ✓ The operative word must be bilateralism- *The Hindu*
- ✓ 'Xi mooted trilateral ties with India, Pak'. - *The Hindu*
- ✓ Kartarpur Corridor work going on round the clock- *The Hindu*
- ✓ Kaliraj the new V-C of Bharathiar University- *The Indian Express*
- ✓ Cabinet okays Rs24,000 aid for weavers, one of Jagan's many schemes- *The Indian Express*
- ✓ Facebook to train 5,000 tribal women to be digital young leaders- *The Indian Express*

## INTER NATIONAL NEWS:

- ✓ U.S. House passes Hong Kong Rights Act- *The Hindu*
- ✓ China leases an entire Pacific island for 75 years- *The Hindu*
- ✓ Turkey defiant on Syria offensive- *The Hindu*
- ✓ Basic foundation of Brexit deal ready : Tusk- *The Hindu*
- ✓ Warren comes under attack at U.S. Democratic debate- *The Hindu*
- ✓ Lanka seeks India's help to introduce EVMs- *The Indian Express*

## BUSINESS :

- ✓ PSBs had 'worst phase' under Manmohan, Rajan: Sitharaman- *The Hindu*
- ✓ Jio alleges 'illegal extraction'- *The Hindu*
- ✓ Will deliver as promised, says Jio- *The Hindu*
- ✓ Bajaj Chetak makes a comeback in e-avatar- *The Hindu*
- ✓ JSW Paints eyes turnover of Rs2,000 cr. in 3 years- *The Hindu*
- ✓ 'Scrapage policy soon to give impetus to automobile sector'-*The Indian Express*

## SPORTS NEWS:

- ✓ 'I control my emotions better than other'- *The Hindu*
- ✓ Want the focus to be on the bowlers too in T20: Kumble- *The Hindu*
- ✓ For me, cricket is everything :Jaiswal- *The Hindu*
- ✓ India defeats Australia- *The Hindu*
- ✓ Dabang dances into the final-*The Hindu*
- ✓ The legs weren't sharp enough: Stimac-*The Hindu*
- ✓ Ruthless Tamil Nadu on cloud nine-*The Hindu*
- ✓ Consigliori stuns the field, wins Deccan Derby- *The Hindu*

## INTERESTING ENGINEERING

In life sciences, we'll have greater understanding of the dynamics of how our microbiome – the tiny organisms, including bacteria, that live in the human body – influences multiple systems in our body, including our immune systems, metabolic processes and other areas. This will result in seminal discoveries related to a variety of conditions, including autoimmune diseases, pre-term birth and how our metabolism is regulated. Regenerative medicine approaches to creating new tissues and organs from progenitor cells will expand significantly. Finally, the long-awaited ability to employ precision medicine, providing.



## HEALTH TIPS

### Benefits of blackcurrant in arthritis

Nature has given us many fruits and flowers, many of them are also famous for their medicinal properties. Although blackcurrant is not as popular in India but now it is easily found in every fruit store. You will be surprised to know about its benefits. Black raspberries (blackcurrant) are healthier than other fruits of the same species, raspberry and blackberry. Berry is considered the best fruit worldwide in terms of health benefits due to the powerful antioxidants and is also considered useful in heart disease, cancer, arthritis and respiratory diseases.

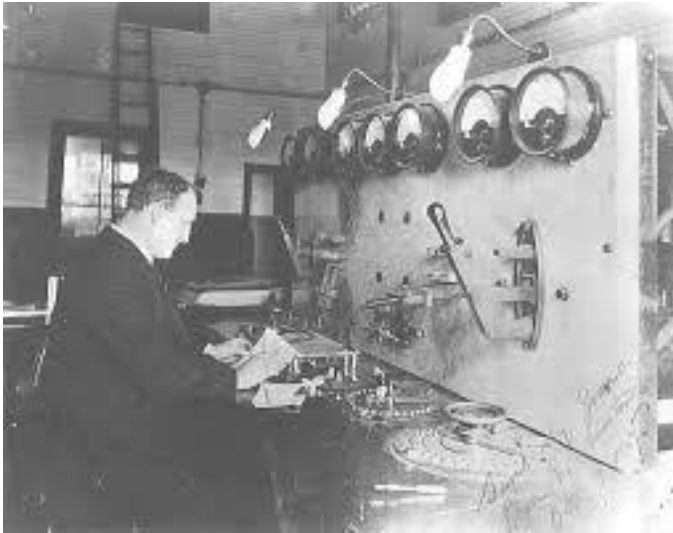
It is worth noting that black plum has three times more antioxidants than other fruits. It is noteworthy that the phenolics compound in blackcurrant was found to be more than 1,000 percent compared to other species of raspberries. Phenolic compounds are used in the maintenance of food. With its use, food's color, taste remains fresh for a long time. Many phenols also have antioxidant properties. Most interestingly, black plum is highly beneficial in the form of secondary metabolism which is quite beneficial for human health.

If we talk about its product, then studied the number of phenolics and anthocyanins present in black and red raspberries and blackberries and the health benefits from them. Based on this study, researchers have confirmed that the antioxidant properties found in natural products are directly related to their beneficial properties

## MOTIVATIONAL ZONE

*A smooth sea  
never made  
a skilled sailor.*

*Franklin D. Roosevelt*



## WHAT HAPPENED TODAY



[1907](#) : The first commercial wireless telegraph is sent over the Atlantic Ocean.

1943 : The 415-km Thailand Burma railroad (Death Railway) between Bangkok, Thailand and Rangoon, Burma was completed.

[1947](#) : Britain and Burma signed an agreement today giving Burma full independence outside of the British Commonwealth if it chooses. This ends 300 years of British Rule over the country.

1965 : The New York World's Fair ended which had started in [1964](#).

2011 : Richard Branson opens the world's first commercial spaceport, Spaceport America, in the U.S. state of New Mexico



**AWARENESS  
CORNER**





## Did you know...

**It was believed that Bruce Lee could take a coin out of someone's hand and place another one on its place before that person reacts.**

## BOOK REVIEW

On Earth We're Briefly Gorgeous

[Ocean Vuong](#)

Poet Ocean Vuong's debut novel is a shattering portrait of a family, a first love, and the redemptive power of storytelling.

On Earth We're Briefly Gorgeous is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family's history that began before he was born — a history whose epicenter is rooted in Vietnam — and serves as a doorway into parts of his life his mother has never known, all of it leading to an unforgettable revelation. At once a witness to the fraught yet undeniable love between a single mother and her son, it is also a brutally honest exploration of race, class, and masculinity. Asking questions central to our American moment, immersed as we are in addiction, violence, and trauma, but undergirded by compassion and tenderness, On Earth We're Briefly Gorgeous is as much about the power of telling one's own story as it is about the obliterating silence of not being heard.

With stunning urgency and grace, Ocean Vuong writes of people caught between disparate worlds, and asks how we heal and rescue one another without forsaking who we are. The question of how to survive, and how to make of it a kind of joy, powers the most important debut novel of many years.